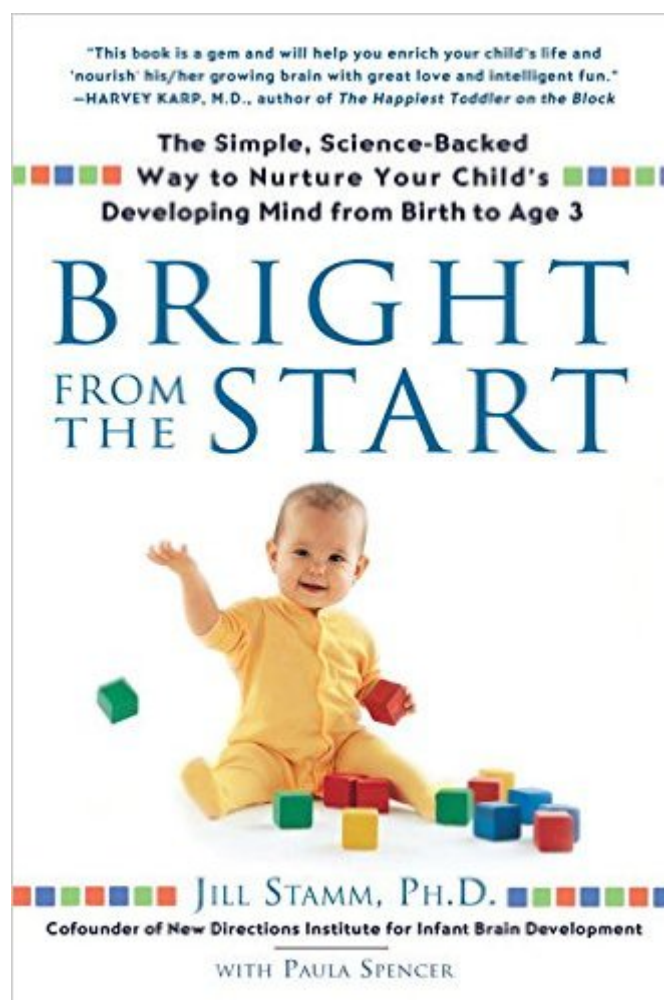


The book was found

# Bright From The Start: The Simple, Science-Backed Way To Nurture Your Child's Developing Mind From Birth To Age 3



## Synopsis

A cutting-edge handbook for parents from a pioneer in infant brain development. Should you really read to your baby? Can teaching a baby sign language boost IQ? Should you pipe classical music into the nursery? Dr. Stamm translates the latest neuroscience findings into clear explanations and practical suggestions, demonstrating the importance of the simple ways you interact with your child every day. It isn't the right "entertainment" that nurtures an infant's brain. It is as simple as Attention, Bonding, and Communication, and it's within every parent's ability to provide. Practical games and tips for each developmental age group will show you not only what the latest findings are but, more importantly, tell you what to do with them.

## Book Information

Paperback: 368 pages

Publisher: Avery; Reprint edition (July 31, 2008)

Language: English

ISBN-10: 159240362X

ISBN-13: 978-1592403622

Product Dimensions: 5.2 x 0.7 x 8 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (122 customer reviews)

Best Sellers Rank: #35,249 in Books (See Top 100 in Books) #71 in [Books > Parenting & Relationships > Reference](#) #114 in [Books > Religion & Spirituality > New Age & Spirituality > Divination](#) #197 in [Books > Parenting & Relationships > Parenting > Early Childhood](#)

## Customer Reviews

Due to the high ratings on , I think I wanted to not like this book. Well, four stars proves I lost that battle. I usually don't understand anything that is "science backed" but somehow Stamm explains the science of the brain so clearly I didn't want to skim over any of it. I read the first 100 pages like they didn't really matter (in about 30 minutes). But once I returned to the book (the very next day) I decided to start at page 1 and actually read through the whole thing. I'm really glad I did. Though there isn't one big idea or take away that will drastically change my parenting, I appreciated the simple reassurance that things I've already been doing are backed by loads of research. I also think the book helps motivate and encourage readers to look for even more ways to improve their caregiving. This is done in a gentle, guilt free sort of way. Stamm's theory is simple to follow. A, B, C. Attention, Bonding, Communication. She emphasizes the idea that a caregiver is baby's first and

best toy. Face games, fill and spill, hide and find, sort and match, etc; activities are essential to learning and developing attention span and curiosity. All these are led by a parent, not gimmicky-flashing toys. But she also emphasizes the need for play time to be FUN and unstructured. Then there is downtime -- don't forget kids need to just take some time to watch the grass grow as birds chirp near by. I love (and fully agree with) her emphasis on communication. Time and time again IQ is connected directly to vocabulary. Kids who start school with 10,000 words excel much quicker than those who enter with 5,000. Simply talking to a child, before they can even talk back, has a far reaching impact. Stamm also uses the section on communication to focus on music and reading.

[Download to continue reading...](#)

Bright from the Start: The Simple, Science-Backed Way to Nurture Your Child's Developing Mind from Birth to Age 3  
The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind, Survive Everyday Parenting Struggles, and Help Your Family Thrive  
The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind  
No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind  
Salomon Smith Barney Guide to Mortgage-Backed and Asset-Backed Securities  
The Happy Sleeper: The Science-Backed Guide to Helping Your Baby Get a Good Night's Sleep-Newborn to School Age  
You Are Your Child's First Teacher, Third Edition: Encouraging Your Child's Natural Development from Birth to Age Six  
Weight Watchers Smoothies: 77 Weight Watchers Low Calorie Smoothie Recipes: (Weight Watchers Simple Start ,Weight Watchers for Beginners, Simple Start ... Simple Diet Plan With No Calorie Counting)  
Weight Watchers: 23 Healthy Snacks To Lose Weight Fast: (Weight Watchers Simple Start ,Weight Watchers for Beginners, Simple Start Recipes) (Weight ... Simple Diet Plan With No Calorie Counting)  
Montessori from the Start: The Child at Home, from Birth to Age Three  
8 Great Smarts: Discover and Nurture Your Child's Intelligences  
Get Backed: Craft Your Story, Build the Perfect Pitch Deck, and Launch the Venture of Your Dreams  
Caring for Your Baby and Young Child, 6th Edition: Birth to Age 5  
The Sleepy Solution: The Exhausted Parent's Guide to Getting Your Child to Sleep from Birth to Age 5  
Caring for Your Baby and Young Child, 5th Edition: Birth to Age 5  
The Nurture Effect: How the Science of Human Behavior Can Improve Our Lives and Our World  
Small Time Operator: How to Start Your Own Business, Keep Your Books, Pay Your Taxes, and Stay Out of Trouble (Small Time Operator: How to Start Your ... Keep Yourbooks, Pay Your Taxes, & Stay Ou)  
How Smart Is Your Baby?: Develop and Nurture Your Newborn's Full Potential (The Gentle Revolution Series)  
Your Child in Pictures: The Parents' Guide to Photographing Your Toddler and Child from Age One to Ten  
The Age of

# Genius: The Seventeenth Century and the Birth of the Modern Mind

[Dmca](#)